

OCTOBER

is



NATIONAL FARM to SCHOOL MONTH

Learn more at farmtoschool.org

OCTOBER IS NATIONAL FARM TO SCHOOL MONTH,

a time to celebrate the connections happening all over the country between children and local food! From taste tests in the cafeteria and nutrition education activities in the classroom, to farm visits and school garden harvest parties, communities in all 50 states, Washington, D.C. and U.S. Territories take part in the celebrations.

National Farm to School Month is a great opportunity to plan a new farm to school activity or organize a special celebration of your current efforts. Everyone can get involved! Here are a few ideas:

- Feature a fresh, seasonal product in school meals
- Organize a taste test of a local food, prepared several ways
- Plan a farm field trip or invite a farmer to your classroom
- Take students on a tour of the school kitchen
- Host a special event in your school garden
- Invite policymakers to join students for a meal in the cafeteria
- Highlight farm to school activities in your newsletter, website, or materials that go home to parents, like school lunch menus
- Download and print National Farm to School Month materials including posters, stickers and bookmarks at farmtoschool.org
- Share your farm to school stories on social media with the hashtags #F2SMonth and #farmtoschool

Find more activity ideas, resources, and materials for celebrating at farmtoschool.org.



NATIONAL
FARM to SCHOOL
NETWORK