



Teacher Training Workshop

Learn how to creatively implement the Fresh from the Farm program in your school! Engage in hands-on training sessions, explore a local farm, network with fellow teachers and learn from experienced garden and wellness educators.

TRAINING SESSIONS AND SCHEDULES

Session 1 **Fresh from the Farm:** **An Introduction**

*Monday, March 22, 2010 or
Wednesday, March 24, 2010*
4pm-6pm at the Lincoln
Park Whole Foods,
1550 N. Kingsbury St.,
Chicago, IL

This introduction will provide teachers with the background information and history of the Fresh from the Farm program, resources and tools for implementing the curriculum, and connections to state learning standards. Participants will hear from Golden Apple Teacher Sandy Noel from Oak Park District 97 on the connections between health and academic performance.

Session 2 **Exploring School** **Gardens**

*Friday, April 9, 2010 or
Saturday, April 17, 2010*
9am-3:30pm at Waters
Elementary School,
4540 N. Campbell Ave.,
Chicago, IL

This workshop will take teachers out of the classroom and into Chicago's largest school garden with veteran garden educator, Pete Leki. Teachers will learn how to plan and develop a school garden, get families and community members involved, and utilize the garden as an outdoor classroom. Participants in this workshop will also have the opportunity to get their hands dirty working in the soil while singing garden songs! Lunch is included.

Session 3 **Fresh from the Farm** **in the Classroom**

5th grade observations
Thursday, April 15, 22 or 29,
2010 at 1:30pm-3:45pm, St.
Ann Elementary, Chicago, IL

4th grade observations
Friday, April 16, 23 or 30,
2010 at 1:00pm-3:15pm, St.
Ann Elementary, Chicago, IL

3rd grade observations
Wednesday, April 15, 2010 at
9:30am-11:45am, McAuliffe
Elementary, Chicago, IL

This session will take teachers into the classroom to observe a Fresh from the Farm lesson being implemented. Teachers will have the choice of observing a 3rd, 4th or 5th grade classroom followed by discussion. In this session teachers will also learn how to incorporate the Fresh from the Farm teaching tools, utilize community resources to enhance the program elements and integrate developmentally appropriate literature with the Fresh from the Farm text set.

Session 4 **Fresh from the Farm** **Field Experience**

*Saturday, May 15, 2010 or
Saturday, May 22, 2010*
9:30am-2pm, The Green
Earth Institute, 10S404
Knoch Knolls Road,
Naperville, IL

Take a field trip to a local organic farm and get your hands in the soil, harvest fresh fruits and vegetables, meet a farmer, and learn about the cultivation of local and organic foods. Teachers will take away memorable stories and key knowledge about growing healthy foods. Lunch is included.

TRAINING SESSION PRICE: \$100.00 TOTAL FOR ALL FOUR SESSIONS

Participants earn one CPDU per hour of workshop participation.

REGISTRATION

To register for Fresh from the Farm workshops or for more information, please contact Melissa Tobias or Courtney Woods. Mail, fax or attach the Registration Form with payment to:

Courtney Woods
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