



NATIONAL FARM TO SCHOOL NETWORK

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While many programs center on child nutrition, Farm to School offers a solution to improve the health of kids and communities. The National Farm to School Network focuses on children's health and education as well as on the economic health of the local farmers.

What is Farm to School?

Farm to School is broadly defined as a program that connects schools (K-12) and local farms with the objectives of serving healthy meals in school cafeterias, improving student nutrition, providing agriculture, health and nutrition education opportunities, and supporting local and regional farmers. Farm to School at its core is about establishing relationships between local foods and school children by way of including, but not limited to: local products in school meals and local food related curriculum development and experiential learning opportunities through school gardens, farm tours, farmer in the classroom sessions, chefs in the classroom, culinary education, educational sessions for parents and community members, and visits to farmers' markets.



HEALTH: Kids Win
All kids deserve access to nutritious, high quality food. One-third of U.S. children are obese or overweight, and only 2% of children meet the Food Guide Pyramid daily serving recommendations. Schools operating a Farm to School program have shown increases in children's participation in the school meals program and consumption of fruits and vegetables.



AGRICULTURE: Farmers Win
Farm to School supports farming families by increasing market opportunities for farmers, fishers, ranchers, food processors and food manufacturers. Farm to School programs can open up the expansive school food market, estimated at more than \$12 billion a year to local farmers.



ECONOMY: Communities Win
Farm to School strengthens the community. Farm to School programs create opportunities for developing meaningful community relationships between schools, parents, and local farmers. For every dollar spent on local foods in schools, one to three dollars circulate in the economy.

The National Farm to School Network aims to enable every child to have access to nutritious food while simultaneously benefiting communities and local farmers.

Join us!! www.farmtoschool.org

ABOUT US NOURISHING KIDS AND COMMUNITIES

The National Farm to School Network sprouted from the desire to support community-based food systems, strengthen family farms, and improve student health by reducing childhood obesity. The Network is a collaborative of the Urban & Environmental Policy Institute, Occidental College and the Community Food Security Coalition (CFSC). Funded in part by the W.K. Kellogg Foundation, the Network coordinates, promotes and expands the farm to school movement at the state, regional and national levels.

Nourishing Kids & Communities

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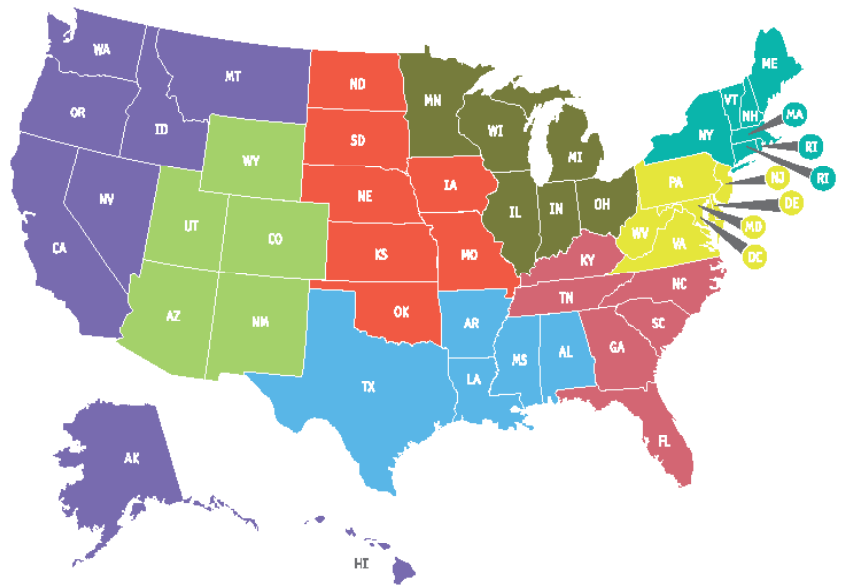
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We are also proud to announce the establishment of 50 state leads who will act as local contacts and organizers across the country. Visit our website, www.farmtoschool.org to find contact information relevant to your area.



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