



Farm to School Routes

FarmToSchool.org Monthly Newsletter, December 2007

PUBLICATION

A Northeast Sampling

Six New Publications Highlight Farm to School

Farm To School Toolkit for the Northeast: Making Connections for Healthy Kids and Healthy Farms

The Cornell Farm to School Program, NY Farms!, and the New York School Nutrition Association are pleased to announce the publication of a new Farm to School Toolkit by Jennifer Wilkins, Heidi Mouillesseaux-Kunzman, Meredith Graham, Betsey Bacelli, and Martha Goodsell. Part of a Northeast Sustainable Agriculture Research and Education (NESARE) Program funded project, the toolkit is designed to enhance Extension educators' capacity for helping K-12 schools, colleges/universities, and farmers connect with one another for the benefit of both. Download it at <http://farm-to-school.cce.cornell.edu/>

Fresh From the Farm: the Massachusetts Farm to School Cookbook

The cookbook features 45 easy-to-follow recipes using Massachusetts crops. The recipes have been school tested by Food Service Directors, cooks, and students in the schools. Some of the student favorites include: Brown Rice Pilaf with Carrots, Chinese Green Beans, Tropical Cole Slaw, and Garlic Mashed New Potatoes. Download the cookbook at: www.mass.gov/agr/markets/Farm_to_school/farm_to_school_cookbook.pdf

Vermont FEED "Grow Up Fresh" DVD and Farm to School Toolkit

The Vermont FEED partnership is happy to offer their 20 minute inspirational Farm to School DVD filled with interviews of farmers, school food service, legislators, teachers and students that are successfully implementing farm to school programs from around the state. This is a wonderful tool for introducing Farm to School ideas and demonstrating the feasibility of farm to school. Also in the toolkit is A Guide for Connecting Farms to Schools and Communities and A Guide for Using Local Foods in Schools. Learn more on how to order these at www.vtfeed.org/tools-resources/VTFEEDOrderForm07.pdf

Less Trash, More Compost Initiative

A full report of the Less Trash, More Compost Initiative will be available in January at www.seedsofsolidarity.org website. Learn how over one ton of breakfast and lunch waste was diverted from the landfill through compost and recycling, through a partnership of Seeds of Solidarity, Athol Area YMCA Camp, Clear View Composting and the Summer Food Service Program.

Hancock County Farm to School Directory

Recently published by Healthy Acadia, this is a basic "how-to" for getting started with farm to school, but the key piece is the directory of local farms that are interested in selling their products to schools. Download it at: www.healthy-acadia.org/farmtoschool.html

Locally Grown Recipes For "Not Your Average Lunch Lady"

Bloomfield Public Schools Chef Tim Cipriano's Cookbook is filled with kid friendly recipes using locally produced products. The recipe book is for School Nutrition Professionals who would like some fun recipes to sample with students and add to their menus. Learn more about ordering these recipes at <http://localfooddude.com/recipebook.aspx>